

Brief Padmasambhava Sadhana





Preparing the mind

My life is blessed with the Path of the Awakened Ones, but Death is coming.

I do not know when this dreamlike life will end, I must awaken.
I turn my heart to the only Refuge and protection, the holy Dharma.
With pure intent I fly towards spiritual freedom, Self-affirmation.

Refuge

I go for refuge to God, Allah, the Great Perfection: Pristine Awareness.
I go for refuge to wisdom and the precious path of love, Bodhichitta.
I go for refuge to the awakened Beings who revealed the Truth: the Holy Sangha

Lord Jesus Christ, Muhammed (peace be upon him), Lord Buddha.

I go for refuge to the Sufis, yogis and yoginis, the lineage masters.
I go for refuge to my spiritual friends and helpers, God's servants.
I go for refuge to my root Guru appearing as, Padmasambhava.
Come here before me to bless my heart and open me to the, Divine Union.

Bodhichitta

Please bless my heart to have a true intention of Bodhichitta.
Please bless me with the courage to walk the Bodhisattva's path.
May I awaken to benefit all living beings
May I awaken to benefit all living beings
May I awaken to benefit all living beings.

Seven Line Prayer

hung orgyen yul gyi nubjang tsam Hung

In the northwest country of Oddiyana,

padma gésar dōngpo la

upon the stamen of a lotus flower,

yamtsen chok gi ngödrub nyé

having realized the most astonishing supreme siddhi,

padma jungné zhésu drak

you are known as the Lotus Born,

khordu khandro mangpö kor

surrounded by your retinue of countless dakinis.

khyed kyí jésu dak drub kyí

Following in your footsteps,

jin gyi lob chir shek su sol

I pray to you, come and bestow your blessings.

guru padma siddhi hūng

Mantra

Om Ah Hum Vajra Guru Padma Siddhi Hum

Request

Please remove all outer and inner obstacles,
Grant the four empowerments,
And enter into my heart.

Finishing Prayer

At the time of my death please take me into your heart.
Bless me to be a true Bodhisattva.
Through my practice of Dharma,
May all living beings awaken.

May the precious supreme Bodhichitta,
Grow where it has not yet grown.
Where it has grown may it not decrease,
But flourish forever more.

Bismillahir Rahmanir Raheem
Amen.