

Vajrasattva Sadhana



By
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Preparing the Mind

By the grace of God I am here
Dwelling in the blessing of Him
Calling out in naked awareness
Please cleanse me of my karmic fear.

Before I pray you're already there
Forgiveness is my very nature
You are He in my very core
I go for refuge to Lord and source.

When I realise my Buddha Self
Bodhichitta will burst forth
Purify me of all karmic chains
So my soul in Self love will remain.

Calling the Guru

AH x 3
(*rest in the natural state of pure awareness*)

I appear in my ordinary form
Above my head is a lotus and moon
On this appears a brilliant white hum
All of God's blessings descend into it
Like an illusion it turns into Him
His body is blazing like a loving sun
Oh holy father Vajrasattva
You are my reliance and holy love.

The Power of Wisdom

While I remain in ignorance
Karma burns in me like an ember
Death pulls me to him day by day
I pray release me of my errors.

Due to misperception and fear
I hurt myself and the world I perceive
Rid me of my karmic seeds
So I will have no need to fear or grieve.

The Power of the Mantra

My nature is pure
God's love is real
There is no doubt
All is non-dual
My essence is free
Stains are illusion
Buddhas can't lie
The mantra is freedom.

Om vajra satto samaya, manu palaya,
vajra satto teno patita, dridho me bhawa,
suto kayo me bhawa, supo kayo me bhawa,
anurakto me bhawa, sarwa siddhi me prayatza,
sarwa karma sutza me,
Tzitam Shriyam kuru hum, ha ha ha ha ho bhagawan,
sarwa tathagata, vajra ma me muntsa,
vajra bhawa maha samaya satto Ah.

Receiving the Buddha

I am completely pure and clear
I feel love and forgiveness and free
Vajrasattva smiles with love and says
'My beloved child all faults are gone
You are blessed, you are free, you are Me.
Now dissolve your self completely.'
Vajrasattva descends and we are one
Instantly my amness appears as He.

Blessing and Dissolving into Pure Awareness

Om Vajra Sattva Hum

At my heart is the mantra
Om Vajra Sattva Hum
From this light radiates
Blessing all living beings
All beings are Buddhas
All worlds are pure realms
These dissolve into light
And dissolve into me
I dissolve into the Om
It melts into vajra
This melts into sa
Which melts into tva
This melts into hum
The hum dissolves
From the bottom up
Until all is gone

I am That pure emptiness
Luminous Self awareness
I rest in non-meditation
Free from all conception.

Dedication

May every living being realise their true nature

May all beings feel the love and mercy of God

May all beings know their true grandeur as Self

And May we abide forever as Buddhas in Love.

Bismillahir Rahmanir Rahim

In the name of God, the compassionate, the merciful

Amen.