

To the supreme guide, the precious Buddha,

To the supreme protection, the precious Dharma,

To the supreme spiritual companion, the precious Sangha,

**om ah hum x3**

To the objects of refuge, the Three Jewels, I make offerings.

To all you spirits, owners of this land and place, together with your  
retinue,

This offering of excellent food and drink is made,

Please perform the activity to fulfill the wishes of the yogi, master  
and disciple, and so that

The Teachings of Lord Buddha may flourish and spread!

May you, by the power of this offering and prayer,

In whatever place and wherever we are,

Always pacify sickness, poverty and conflicts,

And may the Buddha's Teachings and prosperity increase